INMODE

RFAL (RADIO FREQUENCY ASSISTED LYPOLISIS) INFORMED CONSENT FORM

Below is an informed consent form for AccuTite/FaceTite/BodyTite/Morpheus8 technologies on the EmbraceRF Device by InMode. InMode provides this form for demonstration & training only.

InMode technology uses 1 megahertz of Bipolar Radio frequency. The RF treatment is used to bulk heat the tissue creating an inflammatory skin response that will stimulate the collagen and elastin production. The handpieces can also be used on BodyTite Pro, and other systems that are compatible with RFAL functions.

ACCUTITE Is the smallest of the RFAL family allowing practitioners to treat small areas such as peri orbital, jowels and submental for tightening purposes. AccuTite uses radio frequency energy at depths proven to tighten the skin by directly targeting the FSN.

FACETITE is slightly bigger then AccuTite allowing this handpiece to treat the face and small areas of the body. FaceTite will target the fat in submental and body while tightening the skin.

BODY TITE Uses Radio frequency energy to coagulate fat allowing for easier aspiration while tightening the skin in large area.

MORPHEUS8 technology utilises Radio frequency (RF) fractional needling. Morpheus8 is used to induce ablation and create microscopic skin wounds that kickstarting the skins natural healing mechanism. Thus improving the appearance textural irregularities, fine lines, wrinkles, scars, stretch marks, cellulite and contouring.

Morpheus8 has different tips to allow the operator to customise the treatment according to skin/ body concerns.

I am aware that skin preparation is advisable and agree to answer the following questions honestly.

PRE TRE ATMENT QUES TION S: *(Please check YES or NO to the following questions)*

	YES	NO
1. Have you completed/ updated your medical history form?	☐	☐
2. Do you have an implant/ device in any region of the body such as pacemaker?	☐	☐
3. Have you had any surgery in the past 12 months?	☐	☐
4. Do you have any superficial implants such as metal plates screws and metal piercings?	☐	☐
5. Have you had any recent anti-wrinkle, filler or threads?	☐	☐
6. Do you have any severe concurrent conditions, such as sensory disturbances, epilepsy, uncontrolled hypertension?	☐	☐
7. History of skin disorders keloids, abnormal wound healing, or dry fragile skin?	☐	☐
8. Are you taking any medication, HRT, pill, blood thinners, Accutane?	☐	☐
9. Do you have any known poorly controlled endocrine disorders such as diabetes, or thyroid dysfunction.	☐	☐
10. Any active condition in the treatment area, such as sores, Psoriasis, eczema, and rash, open lacerations, abrasions or lesions, infection in the area to be treated?	☐	☐
11. Have you shaved the treatment site as per recommendations ?	☐	☐

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TREATMENT

ACCUTITE/ FACE TITE treatment will start by the practitioner marking up your skin/ face followed by cleaning and preparation with Infiltration of Tumescent anesthetic (Saline & Local) during this process you will feel pressure of the cannula followed by a slight sting for a few seconds. The process is not painful but will feel slightly strange. After this your practitioner will commence the RFAL procedure this is not a painful procedure as you are numb, cold Ultrasound gel will be applied to the treatment area, however you may experience a slight heat sensation and pressure afterwards. Throughout the procedure you may hear a popping sound in areas of fat and 'beeping' of the device so your Doctor keeps with in the effective therapeutic window.

POST TREATMENT

I understand post treatment I may experience some side effects and the following has been explained to me.

1. Erythema (redness) is expected for up to 12 hours.
2. Mild edema (swelling) up to 1-2 weeks
3. Complications are uncommon and will be managed according, potential complications are: PIHP (post inflammatory hyper or hypo pigmentation) from hot spot, bruising, grazing the skin on bony areas, neuropraxia (nerve injury) at the affected area.

TREATMENT

BODY TITE treatment starts by the practitioner recapping the consultation and post care followed my marking and prepping the treatment area. You will then feel a slight sting and the pressure of the Infiltration cannular starting the tumescent. The skin will appear lighter 'blanched'. Cold Ultrasound gel will be applied to the treatment area. During the Body Tite part of the procedure you may hear crackling of the fat and beeping of the device providing audible feedback to the practitioner to ensure the temperature stays in the recommended therapeutic window. BodyTite is often followed by Liposuction and/ or Morpheus8.

POST TREATMENT

1. Erythema (redness) 24-48 hours
2. In some cases blanching of the skin from the local is obvious for 4-6 hours post treatment
3. Moderate edema from the Tumescent (fluid) under the skin and heat this will subside with in the first 24-48 hours, however swelling is common for up to 1-2 weeks
4. Some discomfort post treatment is common due the inflammation
5. Bruising can occur in some cases and will resolve with in 1-2 weeks
6. Potential complications Nerves:
   - Facial and body nerve branch injury - weaknesses of the affected areas
   - Hyperactivity- temporary change in smile or any facial expressions
   - Temporary numbness/ tingling in the treated area
7. Although it is uncommon burns, blisters and scarring can occur. Infection is rare but should it occur please contact your provider immediately to commence medical protocols such as antibiotics. Proper wound care is important in the prevention of infection.
8. PIH at entry points which will fade over time
9. I understand compression garments are recommended to support the skin in the healing process.

TREATMENT

MORPHEUS8 treatment time is approx 30 – 60 minutes (please note this will depend on the size of the person and the treatment area) Your skin will be cleaned to remove any excess product, ready for treatment. Topical anesthetic is recommended for approx 40 – 60 minutes prior to the treatment.

During the Morpheus8 treatment you will feel pressure and heat, the heat will intensify throughout the treatment. Please advise the provider if you experience discomfort that you are not comfortable with. In some areas of the face/ neck you may experience an involuntary twitch, please be assured this will NOT cause any long-term damage to the facial nerve.

POST TREATMENT

I understand post treatment I may experience some side effects and the following has been explained to me.

1. Erythema (redness) is expected for up to 2-24 hours (1-3 days post Morpheus8 Resurfacing tip)
2. Mild - moderate edema (swelling dependant on the energy used during the treatment)
3. MENDS – Microscopic Epidermal Necrotic Debris (grid patterns at superficial depths for 2-4 weeks on the face 4-6 weeks on the body)
4. Rough dry skin for 3-5 days (5-7 days Post resurfacing tip)
5. Itching post treatment or in rare cases hives (this can be managed with antihistamines)
6. Complications are uncommon and in the unlikely event of a complication it will be managed according, potential complications are:
   - PIHP (post inflammatory hyper or hypo pigmentation)
   - Localised swelling presenting like goose bumps for up to 1 month when high energy is used
   - Histamine pimples that can be managed with low level topical cortisone cream and Anti histamine

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I understand the treatments are recommended as a course of treatments for best results and understand that a single treatment may not achieve the results, I desire long term. I certify that I have been fully informed of the nature and purpose of the procedure, expected outcomes and possible complications.

I consent to the taking of photographs and authorise their anonymous use for the purposes of medical audit, education and promotion.

☐ **YES** ☐ **NO**

I certify that I have been given the opportunity to ask questions and that I have read and fully understand the contents of this consent form.

Name: _____ **Signature:** _____

Witness: _____ **Date:** _____